

## *A fresh & healthy approach to pasta*

At Fasta Pasta, the freshness of all our ingredients is paramount, but none more so than our pasta. We use farm fresh eggs to make our pasta fresh. The soft texture and tenderness of fresh pasta absorbs the full flavour of the sauces and other ingredients. This creates many extraordinary dishes with memorable taste sensations for you to enjoy.

Pasta is not only delicious, it is also nutritious for adults and children alike. It is low in fat, low in kilojoules and a good source of fibre. We use 100% durum wheat pasta because it is a superior quality pasta and it has a lower Glycaemic Index (G.I.).

A lower G.I. means 'slow release' of carbohydrate into the body to give you longer lasting energy.

We also use unbleached flour, which means all our pasta is chemical-free and all natural for you to enjoy!

## *Where to find us*

### **BAYSWATER NORTH**

593 – 605 Dorset Road  
Bayswater North VIC 3153  
Ph: 9761 4011  
Fax: 9761 5033

### **BRANDON PARK**

Centro Brandon Park  
Cnr Springvale & Ferntree Gully Road  
Mulgrave VIC 3170  
Ph: 9574 9966  
Fax: 9560 0953

### **KEYSBOROUGH**

328 – 330 Cheltenham Road  
Keysborough VIC 3173  
Ph: 9769 1999  
Fax: 9769 0799

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visit [www.fastapasta.com.au](http://www.fastapasta.com.au)

*Takeaway*

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## breads

<b>FOCACCIA BIANCA</b> a light pizza base topped with garlic, olive oil, parsley, mozzarella and parmesan cheese	(small)	(large)
	\$6.90	\$8.90
<b>FOCACCIA ROSSO</b> a light pizza base topped with fresh tomatoes, onion, basil, olive oil and parmesan cheese	(small)	(large)
	\$6.90	\$8.90
<b>TRIO OF DIPS</b> a tasty mix of dips consisting of olive tapenade, sun-dried tomato and eggplant served with warm pizza bread		\$8.90
<b>GARLIC BREAD</b> (3 slices per serve)		\$3.30

## soup

<b>TRADITIONAL MINESTRONE SOUP</b>	<b>SMALL</b>	<b>LARGE</b>
	\$3.90	\$5.90

## sides

<b>BOWL OF CHIPS</b>	\$5.20
<b>POTATO WEDGES</b> with sour cream and sweet chilli sauce	\$7.90
<b>FRESH GARDEN SALAD</b>	\$5.00
<b>CAESAR SALAD</b> with egg, bacon, anchovies, croutons, shaved parmesan cheese and homemade caesar dressing	\$12.50
<b>CHICKEN CAESAR SALAD</b> with grilled chicken breast, egg, bacon, shaved parmesan cheese, croutons and homemade caesar dressing	\$15.90
<b>WARM CHICKEN SALAD</b> bed of gourmet lettuce topped with tender, warm marinated chicken pieces, mild chilli, cherry tomatoes, capsicum, onion, cashews and balsamic dressing	\$16.50
<b>PRAWN, AVOCADO AND MANGO SALAD</b> prawns marinated in a chilli wine mix served on a bed of mesclun lettuce with mango, avocado, cherry tomatoes, spanish onion and capsicum tossed in a honey mustard dressing	\$17.90

## traditional favourites

	<b>ENTRÉE</b>	<b>MAIN</b>
<b>SPAGHETTI BOLOGNESE</b> the old favourite, traditional meat and tomato sauce from Bologna	\$9.30	\$11.30
<b>RAVIOLI FANTASIA</b> a delicious combination of meat-filled pillows, bacon pieces, onion, sliced button mushrooms, cream and a hint of garlic	\$11.90	\$14.90
<b>LASAGNE BOLOGNESE</b> traditional oven-baked beef lasagne topped with a bolognese sauce	\$9.90	\$13.70
<b>RAVIOLI MILANESE</b> meat-filled pillows of pasta in a traditional bolognese, cream and mozzarella sauce	\$9.90	\$13.30
<b>FETTUCCINE CARBONARA</b> a delicious mix of bacon, egg, cracked peppercorns, a hint of garlic and cream sauce	\$9.30	\$11.30
<b>SPIRALI CALABRESE</b> spirals of pasta sautéed with pepperoni, olives, chilli, garlic, basil, oregano, mozzarella and napoli sauce	\$9.90	\$13.50
<b>MACCHERONI MONTE CARLO</b> a rich and gentle recipe of chicken combined with onion, sliced button mushrooms and cream	\$9.90	\$13.70
<b>MACCHERONI PEPPINO</b> chicken, onion, garlic, oregano, mozzarella and chilli, finished in a napoli sauce	\$9.90	\$13.70
<b>FETTUCCINE PUTTANESCA</b> a tasty Mediterranean sauce of garlic, basil, capers, olives, anchovies, oregano, chilli and napoli sauce	\$9.90	\$12.90
<b>RAVIOLI FIORENTINA</b> meat-filled pillows of pasta tossed with bacon, spinach and white wine in a napoli and cream-based sauce	\$11.50	\$14.50

## contemporary tastes

	<b>ENTRÉE</b>	<b>MAIN</b>
<b>FETTUCCINE MONA LISA</b> sautéed bacon, sun-dried tomatoes, pine nuts, baby spinach, basil, garlic and a hint of chilli in a light cream and napoli sauce	\$12.30	\$15.30
<b>GNOCCHI TERESINA</b> potato dumplings tossed with chicken, sun-dried tomatoes, basil, broccoli, cashews, onion, garlic and cream	\$12.90	\$15.50
<b>FETTUCCINE VERDI CASANOVA</b> spinach fettuccine with roasted veal strips, sun-dried tomatoes, baby spinach, cashews, napoli sauce and a touch of fresh cream	\$12.30	\$15.30
<b>LINGUINE TURISMO</b> marinated prawns sautéed with strips of bacon and sun-dried tomatoes finished with basil, garlic, napoli, baby spinach, cream and a touch of chilli	\$14.90	\$17.90
<b>LINGUINE DEL MARE</b> marinated prawns, squid, fish and mussels sautéed with white wine, garlic, basil, chives and chilli. Finished in a cream and fresh tomato sauce	\$14.90	\$17.90
<b>TORTELLINI POLLO</b> chicken tortellini sautéed with chicken pieces, onion, sun-dried tomatoes, pine nuts, garlic, basil and baby spinach in a cream sauce	\$13.90	\$16.90

## vegetarian

	<b>ENTRÉE</b>	<b>MAIN</b>
<b>MACCHERONI CON VERDURE</b> a mixture of capsicum, onion, sliced button mushrooms, chilli, garlic, basil and broccoli in a napoli and cream-based sauce	\$9.90	\$12.90
<b>RAVIOLI DI RICOTTA TRE COLORI</b> spinach and ricotta ravioli tossed with cream and basil, finished with baby spinach and a dash of napoli sauce	\$10.90	\$13.90
<b>RAVIOLI DI RICOTTA AVOCADO</b> ricotta-filled spinach ravioli served with avocado, baby spinach, basil, garlic and cream	\$10.90	\$13.90
<b>FETTUCCINE VERDI CAMPAGNOLA</b> a tasty blend of sun-dried tomatoes, marinated zucchini, capsicum, pickled eggplant, sliced button mushrooms, cherry tomatoes, basil, garlic and baby spinach in a napoli and cream-based sauce	\$11.50	\$14.50

## pizza

	<b>SMALL</b>	<b>LARGE</b>
<b>MARGHERITA</b> fresh sliced tomatoes, oregano, basil, garlic oil, mozzarella cheese and tomato sauce	\$9.90	\$12.90
<b>AL SALAME</b> tasty pepperoni, chilli, olives, oregano, tomato sauce and mozzarella cheese	\$11.90	\$14.90
<b>CONTADINA</b> virginian ham, pepperoni, sliced button mushrooms, capsicum, onion, olives, anchovies, oregano, tomato sauce and mozzarella cheese	\$12.90	\$15.90
<b>VEGETARIAN</b> sliced button mushrooms, capsicum, onion, olives, baby spinach, tomato sauce and mozzarella cheese	\$10.90	\$13.90
<b>RIMINI</b> virginian ham, pineapple, tomato sauce and mozzarella cheese	\$10.90	\$13.90
<b>CACCIATORE</b> marinated chicken, chilli, sliced button mushrooms, onion, capsicum, tomato sauce and mozzarella cheese	\$12.90	\$15.90

## other mains

<b>STEAK DIANNE</b> succulent, tender steak cooked in garlic, red wine, tomato, cream and worcestershire sauce. Served with chips and salad	\$21.30
<b>PEPPER STEAK</b> juicy pan-fried steak cooked in a sauce of cracked peppercorns, white wine and cream. Served with chips and salad	\$21.30
<b>STEAK DIAVOLO</b> tender steak cooked with capsicum, onion, basil and sliced button mushrooms in a worcestershire, red wine, tomato, chilli and garlic sauce. Served with chips and salad	\$21.30
<b>VEAL BOSCAIOLA</b> tender crumbed veal lightly fried, topped with sautéed bacon, sliced button mushrooms, onion, garlic, mozzarella and baby spinach in a cream-based sauce. Served with chips and salad	\$19.90
<b>CHICKEN PARMIGIANA</b> lightly crumbed chicken breast topped with virginian ham, cheese and napoli sauce. Served with chips and salad	\$18.90
<b>POLLO DELIZIA</b> grilled chicken breast cooked with bacon, broccoli, sun-dried tomatoes and mushrooms. Finished with white wine, lemon juice and cream. Served on a bed of rosemary potatoes	\$20.90
<b>PESCE DEL GIORNO (FISH OF THE DAY)</b> please see market special's board in restaurant or ask one of our friendly staff	

## kids

<b>FOR OUR GUESTS UNDER 12 YEARS OLD. ALL DINE IN KID'S MEALS INCLUDE A SINGLE CONE GELATI AND A SMALL SOFT DRINK</b>	
<b>SPAGHETTI BOLOGNESE</b> strands of spaghetti served with delicious meat tomato sauce	\$8.90
<b>MACCHERONI CHEESE</b> pasta tubes tossed in a cheese and cream sauce	\$8.90
<b>FISH AND CHIPS</b> battered fillet of fish, served with crisp hot potato chips	\$8.90
<b>CHICKEN AND CHIPS</b> tenderloin fillets of chicken, served with crisp hot potato chips	\$8.90
<b>BIMBI PIZZA</b> virginian ham, pineapple, tomato sauce and mozzarella cheese	\$8.90
<b>SCHNITZEL AND CHIPS</b> lightly crumbed beef schnitzel, served with crisp hot potato chips	\$8.90

### Takeaway drinks also available.

Changes or added extras to these menu items may incur additional charges.



Pasta Pasta Takeaway

The home of fresh pasta